

# Year 8 Dance

## Independent Learning Programme

### Topics Covered

Year 8	Project 1	Project 2
Autumn Term	<p><b>Jazz Dance</b>            ( Musical Theatre and Lyrical Jazz)            Reading/ things to watch/research:  <b>Task 1:</b> Watch the film Hairspray            What style of dance is showcased in this film?</p> <p><b>Task 2:</b> Create a research project on Jazz Dance.            What is Jazz dance?            Can you find out where Jazz dance originated?            Where is Jazz dance seen/performed?            (You are not allowed to use Wikipedia)</p> <p>There are many different Jazz styles. Include a minimum of three different styles within your research project. Add pictures, videos and links to make it exciting!</p>	<p><b>Jazz Dance</b>            (Street Dance)            Reading/ things to watch/research:</p> <p><b>Task 1:</b> Research the dance company 'Boy Blue'.            Where is this company based?            How many styles of 'HipHop' dance are there?            Can you create a slide for each Hip Hop style and include;</p> <ul style="list-style-type: none"> <li>- Where the style came from</li> <li>- What does it look like</li> </ul> <p>Use videos and images to support your findings</p>
Spring Term	<p><b>Study of Professional Work</b>            Reading/ things to watch/research:            Ghost Dances by Christopher Bruce</p>	<p><b>Choreography and Performance</b>            Reading/ things to watch/research:</p> <p><b>Task: Creating your own performance platform.</b></p>

	<p><b>Task 1: Reading</b>  <a href="https://www.rambert.org.uk/explore/news-and-blog/new-story-i-wanted-tell-christopher-bruce-ghost-dances/">https://www.rambert.org.uk/explore/news-and-blog/new-story-i-wanted-tell-christopher-bruce-ghost-dances/</a></p> <p><b>Task 2: Factfile</b></p> <p>Create a fact file based on the choreographer Christopher Bruce. Include the following;</p> <ul style="list-style-type: none"> <li>-How old is he?</li> <li>-Where was he born?</li> <li>-Where did he train?</li> <li>- What style of dance does he specialise in?</li> <li>- What are his choreographies famous for?</li> </ul> <p>And any other facts you find interesting.</p>	<p>Can you think of a topic or current affair that is important to you?</p> <ul style="list-style-type: none"> <li>-Read the news</li> <li>-Talk to your family</li> </ul> <p>What topic do you want to address to the world?  E.g Pollution, Racism, Poverty, Homelessness etc</p> <p>Create your own dance based on this topic.  Your dance should send a message to the audience and express how you feel.</p> <p>Once you have created your dance  Film and record yourself and upload to the Google Classroom.</p>
Summer Term	<p><b>Lindy Hop</b>  Reading/ things to watch/research:</p> <p><b>Task :</b> Through google search watch the following:  BBC Introduction to Lindy Hop  Research the history of Lindy Hop.  Where did it originate from?  Who was ‘Hellzapopping’?  How many dance steps can you identify and learn?</p>	<p><b>Review</b>  Reading/ things to watch/research:</p> <p>Task: Write a newspaper article reviewing the following <b>two</b> performances.</p> <p>What was effective?  What did you like?  Would you recommend the dance piece to other viewers? Why?</p> <p><a href="#">Jive- Strictly Come Dancing</a></p> <p><a href="#">Khronos Girls- BGT</a></p>

## How to rehearse effectively

It is your responsibility to rehearse independently outside of lesson every week to improve your physical skills and prepare you for the performance/assessment at the end of every project.

Here are some ideas to aid you in doing this effectively:

1. Film yourself and watch yourself back
2. Get a student in your class, a friend or family member to watch you and give you feedback.
3. You can book the dance studio at lunch or afterschool. Speak to your teacher in order to book the space to rehearse on your own or with your group.
4. To remember dance steps some people find it easier to write them down in a journal describing the steps or drawing stick men. This will help you remember the sequence of your moves and improve movement memory if you do not have a lot of space to rehearse.
5. Listen to the music as this will help you with timing.

Watching dance is a great way to get new ideas and develop your own practice. It is recommended that you watch a new dance work every week and explore a variety of dance styles. Some styles that you may want to research are;

- Ballet
- Tap
- Musical Theatre
- Jazz
- Hiphop
- African Dance
- Salsa
- Ballroom and Latin

## Where can I watch dance?

1. YouTube is a great place to start as many dancers and choreographers post their work online.
2. You may be lucky enough to visit the theatre and watch a live dance performance.
3. Attend a school dance showcase or join a club after school.
4. On television. Programmes such as Strictly Come Dancing and So You Think You Can Dance are aired every year so is the BBC Young Dancer competition. You can search previous episodes online.
5. The Learning Resource Centre at school also hosts a range of DVDs. Unfortunately these can not be taken home but you are welcome to bring in headphones and watch them on the school computers.

Please remember the dance clubs after school are open for all students who want to attend. Just turn up! Hopefully we can start running clubs again soon!

