

The Norwood School Personal Development Curriculum Overview 2021-2022 - [Link](#) to PSHE Association

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 12	Induction – expectations Foundations for transition Building professional & familiar relationships Consent Positive Mental Health Body Positivity	Career goals Short term/long term Pathways to success Unifrog introduction Work experience introduction Maintaining health work life balance	Community Action research/project Work experience introduction Introduction to First Give First Give Programme (6 lessons min) – Final at end of Easter	Completion Community Action Research/project Living in the wider world Looking after yourself/Media literacy & body/gender positivity Risky behaviour Unhealthy behaviour Dangerous behaviour	Preparation for University and Apprenticeships - Careers development Study Skills - VESPA - Practice	Pathway planning - Research/ Writing a personal Statement Completing Application sections First Aid
Year 13	Review performance – revisit Vision Review Work experience Application to UCAS to be completed Reviewing & rewriting Personal Statement Incentive - Go Green on UCAS/CV - being prepared.	Managing Risk & Personal Safety Living in the wider world/Relationships - at work & university Parenthood & support networks beyond school UCAS troubleshooting	Interview practice –University preparation Budgeting/Fraud/Taxes/Pensions Enrichment/goals Contraception & parenthood Voting rights	MOCK EXAM Building professional reputation - Media literacy Students Loans	Clearing/Adjustment – UCAS update Final choices/review of plans Pixl Prepare - Diet and physical exercise	Intervention with Year 12 students

The Curriculum plan

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 12	<p>1. Building relationships - healthy relationships - everyone - Skills & strategies to manage transitions (H1, R1 & R4-5)</p> <p>2. Professional vs Familiar - Boundaries Email Etiquette (R10)</p> <p>3. Positive emotional relationships - consent/ legal and emotional consequences (R6-9, R11-13)</p> <p>4. Consent and consequences (H4- 5)</p> <p>5. Strategies to support with positive & poor mental health (H6-7) (MEF started)</p> <p>6. Complete VESPA questionnaire Review - change the Great debate to Race/Ethnicity -</p>	<p>7 Introduction to Careers - Use booklet - Intro to Unifrog (Movember)</p> <p>8 - Pathways - Booklet and Unifrog</p> <p>9 - Pathways Booklet - researching careers</p> <p>10 - Pathways Booklet - Recording competencies/activities</p> <p>11. Work experience intro -</p> <p>12 -In Sickness & in Health - Accessing help beyond school - Balancing work & Life (H10-13)</p> <p>Being active - workout..</p>	<p>15 - Work experience - Review- VISION (VESPA) Fix your Dashboard exercise First Give assembly and Introduction - Investigating and choosing Social Issue</p> <p>16 - First Give -LP 2 Research and investigate</p> <p>17 - First Give - LP 3 Choosing a Charity deciding on one charity - students to contact charity organise what type of action can be facilitated</p> <p>18 - LP4 Our social Action First Give - Undertake Social Action</p> <p>19 - LP 5 Planning and creating presentations Pathways (First Give - Undertake Social Action) - Study</p>	<p>21 - LP 8 First Give - Presentations - Each class to decide and present with all involved - winning group from each class to go forward to the final.</p> <p>22 - Positive Health in the Media (H 2-3, 8-9) Body positivity - Gender Binary & Non binary - Diversity & inclusion (R2-3)</p> <p>23 - Risky behaviour - Sexual health & Advice (H18-20) First Give presentations development and preparation (Independent)</p> <p>24 - Unhealthy behaviour - Drugs & alcohol (H21-24) First Give presentations development and preparation (Independent)</p> <p>25 - Dangerous/anti-social behaviour - Bullying, abuse and discrimination (R19-25)</p>	<p>27 - Study Skills & UCAS prep UCAS convention booked??</p> <p>28 - What are your options - Uni /Apprenticeship - degree Apprenticeship/ Gap Year/Work /Costs for going</p> <p>29 - Unifrog re-launch -Preparing revision timetables/ Organising - systems/looking after yourself Work experience- Systems/Practice</p> <p>30- UCAS Opens Up - Exploring UCAS Hub - registering on UCAS - How to guides Unifrog update - Using the search tools - Intro to UCAS - How they decide...research</p> <p>31 - UCAS - Types of courses, How to choose a course, How to choose a</p>	<p>33 - Work experience update</p> <p>34 -NO LESSONS - END OF YEAR EXAMS</p> <p>35 - Personal Statement - modelling statements - best/worst Using Unifrog Planning your PStatement</p> <p>36 - Building statements - examples and wider reading/skills - OSCAR Week 37 - UCAS application workshops - Checkpoint. Review performance</p> <p>38-39 - Careers focus - Personal Statement write up - Work experience UCAS Checkpoint - PStatements MUST be completed Personal Details Education</p>

		Possible extension built in.. extra lesson- My Bank (Money Matters)	Skills 2 - Planning & preparing - Practice 20 - LP 6/7 - Practice First Give - Feedback on Social Action - examine achievements link to presentations -	First Give - presentations - Practice run 26 - The Great Debate - Prevent - Tolerance to intolerance Prevent - What is it Extreme Dialogue - Adam Deen (Islamist) Daniel Gallant (Far-right) First Give Charity debates FINAL WORK EXPERIENCE DEADLINE Radicalisation story - Insight project Thomas Story	university - unis abroad, Art schools, Conservatoires, Russell Group - Open days 32 - Best way to revise - VESPA review Exam mark schemes & examiners reports - Gap analysis - Transition to Yr 13 expectations - Post exams - Work experience support	Possible First Aid courses booked for Year 12 & 13 - In house (St Johns Ambulances?)
	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Year 13	<p>1 – First Impressions Welcome back – review last year /work experience/UCAS Moving forwards – get students logged into UCAS - Icebreaker & overview</p> <p>2 - UCAS COMPLETION - PERSONAL STATEMENTS AND CHECK ON COURSES Career projects and life choices. What type of career(s) are you considering? What type of life would you like to carry? How will you make it happen? Are the two of them consistent? Are your plans realistic? Where is the right compromise between dreams and reality? Reflection, discussion and work on case studies. - GAP YEAR</p> <p>3 -4 UCAS focus for students Reading</p> <p>5 - Systems - Managing your time Review study techniques and VESPA activities - FOCUS = Snack don't binge UCAS focus. CHECKPOINT - Courses suitable? Modules & assessment procedures checked?</p> <p>6. Great debate - 5 min Burn - modelled by the teacher - Introduction for HT2-3</p> <p>Extension - For those completed UCAS early - Prepare CV (Unifrog) Models (L6)</p>	<p>7 - 5 Min Burn Managing Risk & Personal Safety (H14 - 17) -Online risk, travel risk, cycle safety Young driver safety - getting home safely</p> <p>8 - 5 Min Burn - Travelling abroad - visa, passport and rights & responsibilities + insurance</p> <p>9-10 - 5 Min Burn - The Gig economy/Career possibilities in global market - Types of work in Gig economy, rights & responsibilities, workplace confidentiality, harassment & bullying - resolving issues, roles of trade unions & challenging workplace behaviours. (L6-12)</p> <p>Assessment week - reflection on outcomes/review issues</p> <p>10 - - 5 Min Burn - Financial Capability Taxes - what do we pay, why where does it go....</p> <p>11 - Fraud & Online fraud/ Consumer rights - Your Money Matters textbook Illegal money transfers</p> <p>Extension</p>	<p>15 Pensions</p> <p>16 Employability skills</p> <p>17 - 19 Interview - preparation & completion Also - Preparing for exam - review of the final countdown - issue planning timetables for Yr 13 VISION (VESPA) Fix your dashboard exercise Effort (VESPA) - 1-10 scale</p> <p>Being an adult...</p> <p>18 - Student life: Students accomodation, joining clubs and societies, bursaries and scholarships. Enrichment/Goal/Gap Year</p> <p>19 - Contraception & parenthood (R14-18) Unintended pregnancy & young parenthood</p> <p>20 Voting rights/elections - Why you should vote</p>	<p>21 - MOCK EXAMS</p> <p>22 - Media Literacy & digital resilience - setting boundaries & maintaining personal privacy - challenge online content - maintaining professional online presence (CT)</p> <p>23 - Social Media - online information recognising bias, propaganda & manipulation (CT)</p> <p>25 - Extremism & radicalisation/ Incel movement (CT)</p> <p>Extension for extra lesson - Unidosh Booked</p> <p>Reminder info on Student loans required</p>	<p>(extra lessons) - Harassment First Aid - CPR & Bystander effect/ Alcohol & injury</p> <p>27 - Pixl Power to perform - Physical health and Nutrition - possible chance to cook healthy meal</p> <p>28-32 Physical & Mental preparation Sports & exercise - Individual/team Carousel.</p>	<p>Students ON EXAM STUDY LEAVE - Intervention with Yr 12 Work experience</p>