



Year 7 Starting Profiles in PE and Sport

Starting Profile 1

The student...

- Brings their full kit regularly.
- Uses a variety of strategy and tactics consistently in different activity areas.
- Demonstrates excellent communication skills when expressing their opinion and working with their peers.
- Fully identifies strengths and areas of improvement through self and peer assessment activities, including how to correct them.
- Consistently works productively in groups without friction or dispute, and can help resolve disputes between others.
- Consistently demonstrates leadership skills including: delegating roles, resolving disputes, problem solving, and effective communication (verbal and non verbal).
- Works at a high intensity throughout lessons showing high levels of engagement.
- Consistently works on tasks independently to facilitate learning.
- Consistently demonstrates skills accurately with precision and control in a range of activities (both team and individual).
- Makes a range of effective decisions to improve performance in games and isolated practices.
- Attends extracurricular clubs regularly and represents the school in more than one sport.
- Consistently answers questions to a high standard and is highly motivated in class discussions, articulating high levels of learning and progress.
- Shows a developing knowledge of theoretical terminology and keywords.



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Starting Profile 2

The student...

- Brings their full kit regularly.
- Uses a variety of strategy and tactics in different activity areas.
- Demonstrates very good communication skills when expressing their opinion and working with their peers.
- Identifies strengths and areas of improvement through self and peer assessment activities.
- Works productively in groups without friction or dispute.
- Demonstrates leadership skills including: solving disputes, problem solving, and effective communication (verbal and non verbal).
- Works intensely in lessons through high levels of engagement.
- Regularly works on tasks independently to facilitate learning.
- Demonstrates skills accurately with precision and control in a variety of activities (both team and individual).
- Makes effective decisions to improve performance in games and isolated practice.
- Attends extracurricular clubs regularly and represents the school in at least one sport.
- Consistently answers questions and is involved in class discussions, articulating high levels of learning and progress.
- Shows some knowledge of theoretical terminology and keywords.



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Starting Profile 3

The student...

- Brings their kit regularly.
- Demonstrates awareness of strategies and tactics in different activity areas.
- Demonstrates effective communication skills when expressing their opinion and working with peers.
- Identifies strengths or areas of improvement through self and peer assessment activities.
- Works in groups without friction or dispute most of the time.
- Occasionally demonstrate some leadership skills including: solving disputes, problem solving, and effective communication (verbal and non verbal).
- Works in lessons regularly showing engagement.
- Occasionally work on tasks independently.
- Demonstrates skills with control in some activities.
- Occasionally makes effective decisions to improve performance in games or isolated practice.
- Attends an extracurricular club.
- Answers questions and is involved in class discussions, communicating their learning and progress.
- Shows little knowledge of theoretical terminology and keywords.



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Starting Profile 4

The student...

- Usually brings their kit.
- Acknowledges that strategies and tactics can improve performance.
- Finds communicating and expressing their opinions and working with peers challenging.
- Acknowledges that performances can have strengths or areas of improvement.
- Finds working in groups challenging, and can be involved in friction or disputes.
- Rarely demonstrates leadership skills.
- Shows low levels of engagement and minimal levels of participation in lessons.
- Struggles to work on tasks independently.
- Occasionally demonstrates skills correctly.
- Cannot make effective decisions, which severely limits their ability to improve their performance.
- Rarely attends an extra curricular club.
- Rarely answers questions and has limited contributions in class discussions.
- Shows no knowledge of theoretical terminology and keywords.



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Starting Profile 5

The student...

- Fails to bring their full kit.
- Is just beginning to acknowledge that strategies and tactics can improve their performance.
- Is just beginning to communicate and express their opinions.
- Shows little knowledge of how performance has strengths or areas of improvement.
- Works inconsistently in groups, and is frequently involved in friction or disputes.
- Shows little skill in being able to lead others.
- Show little engagement in the subject and extremely low levels of participation in lessons.
- Needs the guidance from a teacher in order to work independently.
- Fails to demonstrate skills correctly.
- Makes ineffective decisions and they are not able to improve their performance.
- Does not attend any extracurricular clubs.
- Does not answer questions and has limited contributions in class discussions.
- Shows no knowledge of theoretical terminology and keywords.