## SECONDARY PSHE EDUCATION: LONG-TERM OVERVIEW — THEMATIC MODEL

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
	Transition and safety	Developing skills and	Diversity	Health and puberty	Building relationships	Financial decision making
Year 7	Transition to secondary	aspirations	Diversity, prejudice, and	Healthy routines, influences	Self-worth, romance and	Saving, borrowing,
	school and personal safety	Careers, teamwork and	bullying	on health, puberty,	friendships (including	budgeting and making
	in and outside school,	enterprise skills, and raising		unwanted contact, and FGM	online) and relationship	financial choices
	including first aid	aspirations			boundaries	
	Drugs and alcohol	Community and careers	Discrimination	Emotional wellbeing	Identity and relationships	Digital literacy
Year 8	Alcohol and drug misuse	Equality of opportunity in	Discrimination in all its	Mental health and	Gender identity,	Online safety, digital
	and pressures relating to	careers and life choices, and	forms, including: racism,	emotional wellbeing,	sexual orientation,	literacy, media reliability,
	drug use	different types and patterns	religious discrimination,	including body image and	consent, 'sexting', and	and gambling hooks
		of work	disability, discrimination,	coping strategies	an introduction to	
			sexism, homophobia,		contraception	
			biphobia and transphobia			
Year 9	Peer influence, substance	Setting goals	Respectful relationships	Healthy lifestyle	Intimate relationships	Employability skills
	use and gangs	Learning strengths, career	Families and parenting,	Diet, exercise, lifestyle	Relationships and sex	Employability and online
	Healthy and unhealthy	options and goal setting as	healthy relationships,	balance and healthy choices,	education including	presence
	friendships, assertiveness,	part of the GCSE options	conflict resolution, and	and first aid	consent, contraception,	
	substance misuse, and gang	process	relationship changes		the risks of STIs, and	
	exploitation				attitudes to pornography	
Year 10	Mental health	Financial decision making	Healthy relationships	Exploring influence	Addressing extremism and radicalisation	Work experience
	Mental health and ill health,	The impact of financial	Relationships and sex	The influence and impact		Preparation for and
	stigma, safeguarding health,	decisions, debt, gambling	expectations, pleasure and	of drugs, gangs, role models	Communities, belonging	evaluation of work
	including during periods of	and the impact of	challenges, including the	and the media	and challenging extremism	experience and readiness
	transition or change	advertising on financial	impact of the media and			for work
_		choices	pornography			
	Building for the future	Next steps	Communication in relationships	Independence	Families	
Year 11	Self-efficacy, stress	Application processes, and		Responsible health choices,	Different families and	
	management, and future	skills for further education,	Personal values, assertive	and safety in independent	parental responsibilities,	
	opportunities	employment and career	communication (including	contexts	pregnancy, marriage	
		progression	in relation to contraception		and forced marriage and	
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			relationship challenges and abuse			
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