

YEAR 11 TRANSITION BOOKLET

RSL DANCE 2023





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Questionnaire

Take some time to consider your starting point and the areas you need to develop.

Have you studied any Performing Arts subjects at KS4 level? (e.g. drama, dance, music, music technology)

If Yes, which subject(s) and what grades did you achieve?

Do you have any other relevant Performing Arts qualifications? (e.g. graded exams in music or different dance disciplines such as tap or ballet)

Are you a member of any local Performing Arts organisations? (e.g. dance schools, drama groups, choirs, operatic societies etc.)

What recent (over the past two years) performance 'experience' do you have?

What do you feel are your strengths and areas for development in the Performing Arts?

Do you regularly attend Performing Arts events in your local area? List any you have seen recently. (This does not just apply to lavish professional productions. You should also refer to concerts, school/amateur productions etc.)

List the Performing Arts venues you are aware of in your local area. (This can include concert halls, church halls, even pubs, and not just theatres.) How many of these have you visited?

What are your reasons for wanting to study Performing Arts? I feel it will complement my other courses.

Technical Development and Performance Review

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1. Just as reading as much as possible is one of the best ways of improving your writing skills, there are two important ways in which to improve your technique and performance skills. One of these is to take part in as many classes as possible. Sign up and experience a range of styles from the comfort of your front room with online classes or attend a class in your local area! As a starting point check out Rambert, James Cousins, Urdang, Jwiltondance, Ballet Boyz, Ballet Black, The Alvin Ailey American Dance Company for online classes and also have a look @basedancestudios 'atyourbeat on Instagram as they post timetables of weekly classes to get involved in!

The second way is to see or experience as much live dance as possible.

2. Find a professional dance performance online that interests you. This can be a premiere on TV, a dance film, a filmed performance on Youtube/Vimeo.

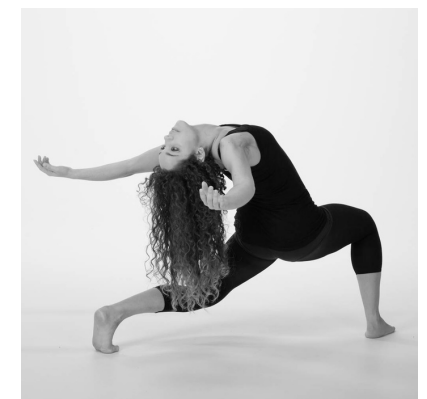
Write a review, outlining your main impressions of the performance.

Start with your lasting impression. How did you feel at the end of the performance?

Comment on the performances of individuals, especially any who particularly impressed you. (Did any performances disappoint? If so, how could they have been improved?) What performance and technical skills were used and how did they contribute to the overall piece?

Did technical (lighting, sound, effects) and/or design (set, costume, make-up) elements impact considerably on the performance as a whole? How?

How did the aural setting as a whole enhance the performance? (Music, natural sound, silence, percussion etc)



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Career Aims

Choose two careers within the dance industry that interest you

Create a presentation about these two job roles. You must include;

- What current skills are needed for these roles?
- Accepted routes/training into the role?
(What training, experience, skills, knowledge do you need) e.g. Conservatoire, apprenticeship, university, other courses, PGCE etc
- The availability of the job roles
- Competition for the job roles

Once you have completed your research into both job roles you must then assess your potential for progress into these roles by evaluating your suitability for each.

-What skills do you possess that link to these job roles?

-Why would you be suited for this role?

Once you have evaluated your suitability set yourself four long term targets

-What skills do you need to develop further?

-How will you do this through the duration of your 6th form dance course?



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Future Steps

If you are thinking of your Dance training here at The Norwood School as the first step towards a future in the professional industry, then it's never too early to start thinking about what your next steps will be.

A frequent dilemma faced by students is whether to take the Dance School or University route.

Do some research and find out which offer the best courses in areas such as Dance Performance, Choreography, Musical Theatre, Physical Theatre etc. UCAS often organises university 'fayres' where you can go and learn more about what is on offer. Once you have narrowed down your preferences to a shortlist, there are usually open days which you can attend and which will help you get a 'feel' for the place and whether you would be happy there.

Examples of Universities: Middlesex, Roehampton, LIPA, De Montford, LMA, Bucks, Chichester, UEL (Urban Dance Degree) Birmingham to name just a few. You will find a full list on the UCAS website.

Dance Schools are a more focused and vocational route into the profession (although most reputable schools now offer accredited degree courses) and often Dance Agents and Casting Directors are invited to final showcases. Check out LABAN, The Northern School of Contemporary Dance, The Place, URDANG, BIRD College, Italia Conti, The Creative Academy and London Studio Centre.

