

SECONDARY PSHE EDUCATION: Long-term overview - Thematic model

	<u>Autumn 1</u> Health and wellbeing	<u>Autumn 2</u> Living in the wider world	<u>Spring 1</u> Relationships	<u>Spring 2</u> Health and wellbeing	<u>Summer 1</u> Relationships	<u>Summer 2</u> Living in the wider world
Year 7	Managing change and transition	Developing skills and aspirations	Diversity, prejudice and stereotypes	Healthy routines, puberty, keeping safe	Building relationships, influences on relationships	Financial decisions, saving, budgeting and taking risks
Year 8	Drugs and alcohol	Community and careers	Discrimination, belonging, community, social justice	Mental health, emotional wellbeing, coping strategies	Identity and relationships, consent, introduction to contraception	Digital literacy, online safety
Year 9	Peer influence, substance use and gangs	Respectful relationships, managing conflict	Setting goals, GCSE options, career options	Healthy lifestyle, health services, developing coping strategies,	Intimate relationships, consent, contraception, fertility and pregnancy choices	Navigating online harms, misogyny, deep fakes
Year 10	Mental health, change, loss, grief	Financial decision making	Healthy relationships, pleasure and challenges, pornography, peer pressure	Exploring influence, knowing your rights, managing risk,	Living in the wider world: Work experience	Relationships: Extremism and radicalisation

Year 11	Wellbeing, stress management	Applications and skills for further education, employment and career progression	Healthy and unhealthy relationships, relationship challenges and abuse	Body image, illnesses, first aid, bereavement	Families, marriage and forced marriage, teen pregnancy, abortion	
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