

Curriculum map: **Dance**

Key Stage 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Initial Skills - Basic Body Actions Students will be introduced to 6 basic body actions. Students will explore and develop these with focus on creative responses.	3 Technical sequences Students will be introduced to six technical skills. Students will learn three exercises using these skills.	Alvin Ailey - Sinner Man (Narrative - Choreography) Students will be introduced to professional works and choreography skills based on a narrative, focusing on characterisation and musicality.	Sia Chandelier (Abstract - Choreography) Students will examine the process of creating and memorising choreography to improve movement memory skills.	African Dance: Part 1: Gumbboot (Rhythm) Part 2: Cultural (ZULU) Students will explore African Dance, focusing on complex rhythm and timing using body percussion, alongside West African dance styles, history, culture, the origin of steps, and stylistic accuracy.	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 8	Improvisation and Contact - Contemporary Students will be introduced to basic rules of contact work and lifts and explore structured improvisation and choreographed duet.	Lindy Hop Students will develop their understanding of contact work in a duet, applying taught contact skills to set stylistic movements, quick footwork, and challenging aerial work in the Lindy Hop style.	Jazz Dance: Musical Theatre, Lyrical Jazz, and Street Dance Students will compare different genres of Jazz dance by learning features of Musical Theatre, Lyrical jazz, and Street dance. Students will develop movement memory, accuracy, history of jazz, musicality, performance skills and apply to a range of styles. Development of performance skills.		Ghost Dances (Christopher Bruce) & Bahok (Akram Khan): Choreography Skills Students will look at 2 contemporary professional works. Ghost Dances as a stimulus to create narrative dances, examining the work of a British choreographer, political stimulus, and historical/cultural folk dance. Students will also look at Bahok as a stimulus to learn about motif and development, exploring the work of a British choreographer with Kathak and contemporary influences, and the fusion of choreographic styles in preparation for choreography.	

Year
9

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rotation A: 3 Dance Workshops (Chair Duet, Bollywood & Dancing through the Decades) Students will participate in three diverse dance workshops. They will explore physical and contact challenges in a Chair Duet, experience a cultural and stylistic taster in Bollywood dance to develop group performance skills, and create a solo sequence inspired by dancing through the decades to develop independent choreographic and performance skills.	Rotation B: 3 Dance Workshops (Chair Duet, Bollywood & Dancing through the Decades) Students will participate in three diverse dance workshops. They will explore physical and contact challenges in a Chair Duet, experience a cultural and stylistic taster in Bollywood dance to develop group performance skills, and create a solo sequence inspired by dancing through the decades to develop independent choreographic and performance skills.	Rotation A: Jazz Project - Chicago: "Both Reached for the Gun" (Performance Assessment) Students will learn and perform a set study focusing on timing, accuracy, and performance skills. They will also perform a duet utilising contact work and a prop, demonstrating a more challenging use of space and levels.	Rotation B : Jazz Project - Chicago: "Both Reached for the Gun" (Performance Assessment) Students will learn and perform a set study focusing on timing, accuracy, and performance skills. They will also perform a duet utilising contact work and a prop, demonstrating a more challenging use of space and levels.	Final Major Project: (Theme varies) Dance Show Students will develop key skills for KS4 courses. Physical Technical Expressive Choreographic	

Key Stage 4

Exam Board: Pearson BTEC Level 1/2. Award Performing arts (Dance)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	Introduction to BTEC & November Show Practical workshops exploring a variety of dance styles and practitioners. Development of performance vocabulary, physical skills, and safe dance practice. Preparation and rehearsals for the upcoming November Show.	Component 1 – Exploring the Performing Arts (Launch). November Show performance. Introduction to Component 1 coursework requirements. Studying professional dance repertoire/performance pieces. Analysing features of different performance styles, performance intentions, and purposes.	Component 1 – Roles, Responsibilities & Processes. Investigating performance, production, and design roles within the industry. Understanding the skills, qualities, responsibilities, and rehearsal processes of professional performers. Tracking progress via practical logbooks and milestone reviews.	Component 1 – Coursework Completion & Review. Watching, analysing, and writing up evaluations of professional work. Finalising all written coursework and practical evidence portfolios for Component 1.	Component 1 Assessment Submission. Final polishing, moderation preparation, and formal submission of Component 1 coursework.	Component 2 Transition – Developing Skills and Techniques. Practical preparation and teacher choreography planning. Technical workshops focusing on refining individual dance techniques and physical skills.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	
Year 11	Component 2 – Learning Professional Repertoire. - Learning and refining specific professional dance repertoire to a chosen brief. - Developing technical exercises, rehearsal planning, and establishing goal setting/improvement plans.	Component 2 – Assessment & Submission. - Final performance assessments of the learned repertoire. - Completing reflective evaluations, responding to feedback, and assessing performance quality.	Component 3 – Responding to a Brief (External Launch). - Release of the Pearson external set assignment brief in January. - Deconstructing the brief, conducting initial research, and interpreting the creative prompt. - Brainstorming creative ideas and exploring choreographic devices.	Component 3 – Development & Supervised Rehearsals. - Structuring original choreographic performance material in response to the brief. - Supervised rehearsal processes - peer feedback sessions, and performance refinement. - Drafting the required written planning and rationale documents.	Component 3 – Final Performance & Written Examination. - Final filming of the original choreographed group performance. - Completion of the 3 formal written ideas/evaluation tasks within the supervised assessment window. - Final external submission to Pearson.	

Key Stage 5

Exam Board: RSL

**Year
12**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Core Skills Launch (Contemporary & Jazz). Key Content: - Unit 329 (Dance Technique): Start contemporary dance technique workshops, exploring the history of the genre, and learning the "seen" piece. - Unit 331 (Ensemble Dance): Introduce Jazz history and begin developing fundamental jazz technical skills and performance quality. - Performance Prep: Rehearse the contemporary	Autumn Showcase & Career Planning Launch. Key Content: - Perform both the Contemporary (Unit 329) and Jazz (Unit 331) ensemble pieces in the Autumn Showcase. - Unit 306 (Career Planning): Launch after the November Show. Introduce careers in the dance/arts industry and start exploring progression routes. - Logbooks & Reflection: Begin formal reflective logs, timelines, and evaluative	Career Planning & Audition Techniques. Key Content: - Unit 306: Ongoing focus on CV writing, professional audition prep, and business planning. - Unit 329 & 331: Continuous technical development workshops. Host an "unseen" audition-style workshop led by an external guest artist.	Skill Consolidation & Devised Choreography. Key Content: - Unit 329: Start planning and researching student-devised choreography in the contemporary style. - Unit 331: Refine contrasting jazz routines, emphasizing performance quality, physical strength, and safe practice. - Unit 306: Ongoing career presentations and professional portfolio development.	Year 12 Unit Submissions. Key Content: - Finalise and submit coursework for Unit 329 and Unit 331 (including historical timelines, logbooks, and evaluative tasks). - Prepare and polish the final student-devised choreography for the June Show	June Show & Progression Planning. Key Content: - Perform devised choreography in the June Show (<i>So You Think You Can Dance</i> style). - Unit 306: Continue tracking progress, identifying personal skill development areas, and laying groundwork for Year 13.



Year
13

and jazz routines for the Autumn Showcase.	tasks for Units 329 and 331.				
Performance Heavy – Repertory, Choreography & Leadership. - Unit 335 (Repertory): Learn and rehearse professional repertoire for the November Show. - Unit 324 (Choreography): Research, plan, and create original choreography, teaching it to peer dancers. - Unit 334 (Leading Dance): Plan and prepare	November Show & Autumn Submissions. - Perform both the Choreography (Unit 324) and Repertory (Unit 335) pieces in the November Show. - Unit 334: Deliver final community workshops, complete leader evaluations, and compile feedback. - Complete and submit all assessment folders, logbook milestones, and final evaluations for Units 334,	External Unit 304 Launch & Intensive Prep. - Unit 304 (Performance Prep - External): Receive the external RSL brief. - Analyse the brief and begin comparing/contrasting two dance styles or professional works. - Begin drafting the detailed presentation and rationale. Protect this period from external performance	External Unit 304 Development. - Unit 304: Create, refine, and finalize the 20-minute presentation. - Deconstruct, choreograph, and rehearse the dance work created in response to the RSL brief. - Submit all externally assessed materials within the board's designated window	Unit 306 (Career Planning) Finalise. - Assemble and polish all career portfolios, business plans, CVs, and audition logs for Unit 306. - Begin rehearsals for the final end-of-year showcase. - Submit the remaining Year 13 coursework for final moderation.	



community-linked dance workshops. Begin delivery with Sunnyhill Primary School.	335, and 324	commitments.			
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